

INTUITION & INSIGHT REPORT

for

Oprah Winfrey

written

by

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INTRODUCTION

Traditionally, when we face a crisis, we attempt to restore the earlier state of supposed normalcy. This is the approach of allopathic medicine, for the most part, and of modern psychology. In fact we measure psychological problems precisely as a divergence from the 'norm.'

An alternative is to view crisis as a means of becoming, or a means of creating what your inner response mechanism demands. This mechanism may be a 'voice' in your mind, or it could appear as images on an internal screen. A third possibility is feelings in your physical body that transmit meaning to you. Crises present the required elements to propel you into a higher state that is beyond what you might have accomplished as an individual. In this sense the crisis is transpersonal in nature. It demands going beyond one's individual nature.

This interpretation focuses on intuition. Many people believe that intuition is nothing more than a combination of very careful observation plus past experience. They believe that we figure out the most likely future turns of events in this way. Actually, intuition is a component of mind that first arises on its own, unbidden. You probably have had hunches that something would happen, and then it did. You didn't ask about what might happen. You just had the flash, seemingly isolated from other mental activity.

'Why am I so wound up and alert?
What does this excess of feeling mean?
What disaster must my E.S.P. avert?
What is the experience I've 'foreseen'?'

From a poem titled 'Intuition,' by Lianne Olive Hennig

'Intuition is the source or the bestower of revelation ... Intuition brings three qualities with its appearance: Illumination, Understanding, Love.'

From Alice Bailey, Ponder on This

Because intuition is a part of your mental apparatus, and because mind can be trained, intuition can be trained, or at least you can practice allowing intuition to come. Over time you become better at noticing intuition at work. You still may not be able to just sit down and say, 'Okay, now I'm going to be intuitive,' although some people do achieve this level of ease.

INTUITION TRENDS

On the following page begins the 'Intuition Trends' section of this report, which is a description of how your Intuition unfolds and develops over time. The traits and characteristics described above are permanent and always a part of your nature, but they also evolve and develop as new inspirations and impulses awaken within you.

Note that the report repeats certain interpretations. This occurs because Uranus appears to go backward in the sky for a period of time each year. The first time you see an interpretation, you get an idea of the theme. The second time you perceive the problems involved, and the third time you have hopefully resolved some of the issues and can look forward to the reward, which will carry you forward. For the Milestone aspects in particular, the effect will carry forward until the next milestone several years later.

Uranus trine Mars, 5 Apr 2009 (18 Mar 2009 - 25 Apr 2009)

Your extraordinary energy level is reflected in your rate of work and success level. You use your intuition as readily other people use physical strength. You seek independence and tend to act prematurely.

Uranus sextile North Node, 5 Apr 2009 (18 Mar 2009 - 25 Apr 2009)

As you tune into your intuition, you also tune into the natural rhythms of your life. You are able to identify and grasp the most promising opportunities, and you tend to focus on future results rather than immediate gratification. You are the person that people want on the planning team, as you sense the bumps in the road and handle them in advance.

Uranus quincunx Pluto, 9 Apr 2009 (22 Mar 2009 - 29 Apr 2009)

Transformation is an integral part of your experience. The old way of approaching life no longer suits you, and you employ intuitive insight to make significant changes. Although great effort is involved in this process, the results are magnificent. You must make adjustments to get the benefits.

Uranus semi-square Sun, 19 Apr 2009 (31 Mar 2009 - 12 May 2009)

Inner tension causes physical symptoms. Any rhythmic body function can be affected, such as digestion or heart rhythm. Meditation and physical exercise help to get your system back on track. Massage to relieve muscle tension is helpful too.

Uranus semi-square Venus, 19 Apr 2009 (31 Mar 2009 - 12 May 2009)

You stress out in romantic situations. You may invite a side squeeze into your life. Then you feel awful when your main squeeze finds out. Your intuition could, instead, show you when to approach your lover to get the most out of each intimate encounter.

Uranus quincunx Neptune, 24 May 2009 & 8 Aug 2009 (28 Apr 2009 - 6 Sep 2009)

You are susceptible to drugs and alcohol. Any chemical in your system can cause weird thoughts, and can warp your intuitive insight. Less is definitely better if you want your intuition to come through loud and clear.

Uranus quintile MidHeaven, 9 Jun 2009 & 23 Jul 2009 (6 May 2009 - 28 Aug 2009)

Your intuition is right on track for expressing your creativity. Your self-awareness triggers creative impulses and vice versa. Even in ordinary tasks you express ingenuity and originality.

Uranus semi-square Venus, 16 Sep 2009 (21 Aug 2009 - 13 Oct 2009)

You stress out in romantic situations. You may invite a side squeeze into your life. Then you feel awful when your main squeeze finds out. Your intuition could, instead, show you when to approach your lover to get the most out of each intimate encounter.

Uranus semi-square Sun, 17 Sep 2009 (22 Aug 2009 - 13 Oct 2009)

Inner tension causes physical symptoms. Any rhythmic body function can be affected, such as digestion or heart rhythm. Meditation and physical exercise help to get your system back on track. Massage to relieve muscle tension is helpful too.

Uranus quincunx Pluto, 30 Sep 2009 (4 Sep 2009 - 30 Oct 2009)

Transformation is an integral part of your experience. The old way of approaching life no longer suits you, and you employ intuitive insight to make significant changes. Although great effort is involved in this process, the results are magnificent. You must make adjustments to get the benefits.

Uranus sextile North Node, 5 Oct 2009 (9 Sep 2009 - 7 Nov 2009)

As you tune into your intuition, you also tune into the natural rhythms of your life. You are able to identify and grasp the most promising opportunities, and you tend to focus on future results rather than immediate gratification. You are the person that people want on the planning team, as you sense the bumps in the road and handle them in advance.

Uranus trine Mars, 5 Oct 2009 (9 Sep 2009 - 7 Nov 2009)

Your extraordinary energy level is reflected in your rate of work and success level. You use your intuition as readily other people use physical strength. You seek independence and tend to act prematurely.

Uranus trine Mars, 25 Jan 2010 (25 Dec 2009 - 15 Feb 2010)

Your extraordinary energy level is reflected in your rate of work and success level. You use your intuition as readily other people use physical strength. You seek independence and tend to act prematurely.

Uranus sextile North Node, 25 Jan 2010 (25 Dec 2009 - 15 Feb 2010)

As you tune into your intuition, you also tune into the natural rhythms of your life. You are able to identify and grasp the most promising opportunities, and you tend to focus on future results rather than immediate gratification. You are the person that people want on the planning team, as you sense the bumps in the road and handle them in advance.

Uranus quincunx Pluto, 30 Jan 2010 (2 Jan 2010 - 19 Feb 2010)

Transformation is an integral part of your experience. The old way of approaching life no longer suits you, and you employ intuitive insight to make significant changes. Although great effort is involved in this process, the results are magnificent. You must make adjustments to get the benefits.

Uranus semi-square Sun, 9 Feb 2010 (18 Jan 2010 - 28 Feb 2010)

Inner tension causes physical symptoms. Any rhythmic body function can be affected, such as digestion or heart rhythm. Meditation and physical exercise help to get your system back on track. Massage to relieve muscle tension is helpful too.

Uranus semi-square Venus, 10 Feb 2010 (18 Jan 2010 - 1 Mar 2010)

You stress out in romantic situations. You may invite a side squeeze into your life. Then you feel awful when your main squeeze finds out. Your intuition could, instead, show you when to approach your lover to get the most out of each intimate encounter.

Uranus quincunx Neptune, 8 Mar 2010 (18 Feb 2010 - 25 Mar 2010)

You are susceptible to drugs and alcohol. Any chemical in your system can cause weird thoughts, and can warp your intuitive insight. Less is definitely better if you want your intuition to come through loud and clear.

Uranus quintile MidHeaven, 14 Mar 2010 (24 Feb 2010 - 1 Apr 2010)

Your intuition is right on track for expressing your creativity. Your self-awareness triggers creative impulses and vice versa. Even in ordinary tasks you express ingenuity and originality.

Uranus enters Aries, 28 May 2010

Sudden changes characterize your life. Bursts of energy follow intuitive comprehension of what is to follow. You are willing to fight hard to support your ideas, which often are based on intuitive inspiration. You may be dreamy, or you may be zealous in your application of effort. Restlessness underlies all activity.

Uranus quintile Jupiter, 26 Mar 2012 (9 Mar 2012 - 13 Apr 2012)

Luck guides you to the right place at the right time, in order to maximize your creative efforts.

Uranus semi-square Mercury, 7 Apr 2012 (20 Mar 2012 - 25 Apr 2012)

Your internal guidance system is on high alert. You sense the emotional undercurrents around you and maintain an intellectual advantage. You experience internal conflict because you don't immediately see the one right path through difficulties. The urge to leave unpleasant situations may not be the best choice.

Uranus quintile North Node, 19 Apr 2012 (1 Apr 2012 - 9 May 2012)

You have a natural knack for choosing the right thing to do. Meditation or other contemplative practice provides you with calmness of mind. Then you can apply the right amount of speed or pressure in tricky situations, and you can readily evaluate other people's responses.

Uranus sextile MidHeaven, 26 Jun 2012 & 29 Jul 2012 (20 May 2012 - 6 Sep 2012)

You have multiple opportunities to advance in the area of career. You also have chances to gain self-understanding through the use of your intuition. You face choices that could revolutionize your direction. Intuition can play a big part in sorting out the great choices from the not so great.

Uranus quintile North Node, 14 Oct 2012 (19 Sep 2012 - 15 Nov 2012)

You have a natural knack for choosing the right thing to do. Meditation or other contemplative practice provides you with calmness of mind. Then you can apply the right amount of speed or pressure in tricky situations, and you can readily evaluate other people's responses.

Uranus semi-square Mercury, 3 Nov 2012 & 21 Jan 2013 (6 Oct 2012 - 15 Feb 2013)

Your internal guidance system is on high alert. You sense the emotional undercurrents around you and maintain an intellectual advantage. You experience internal conflict because you don't immediately see the one right path through difficulties. The urge to leave unpleasant situations may not be the best choice.

Uranus quintile Jupiter, 7 Dec 2012 & 18 May 2013 (23 Oct 2012 - 23 Jun 2013)

Luck guides you to the right place at the right time, in order to maximize your creative efforts.

Uranus quintile North Node, 8 Feb 2013 (10 Jan 2013 - 1 Mar 2013)

You have a natural knack for choosing the right thing to do. Meditation or other contemplative practice provides you with calmness of mind. Then you can apply the right amount of speed or pressure in tricky situations, and you can readily evaluate other people's responses.

Uranus sextile MidHeaven, 27 Mar 2013 (10 Mar 2013 - 14 Apr 2013)

You have multiple opportunities to advance in the area of career. You also have chances to gain self-understanding through the use of your intuition. You face choices that could revolutionize your direction. Intuition can play a big part in sorting out the great choices from the not so great.

Uranus quincunx Saturn, 8 Apr 2013 (21 Mar 2013 - 26 Apr 2013)

You deal with whatever comes at you through sheer determination. However, you are not very flexible, and that is what is needed to adjust to circumstances. You benefit from focusing on other aspects in your chart during this cycle.

Uranus sextile Sun, 18 Apr 2013 (31 Mar 2013 - 7 May 2013)

You get the chance to put your original ideas into action. You are more aware of your goals than most people and you concentrate your energy on their attainment. Your intuition helps you identify and define opportunities so that you can make intelligent choices. You change vocations to move forward in career, and also in your spiritual life.

Uranus sextile Venus, 18 Apr 2013 (31 Mar 2013 - 8 May 2013)

You love love, and you love the fact that you have so many opportunities to experiment with it. Whether you are traditional, sentimental, or eccentric in your erotic impulses, your intuition guides the rhythm of your relationship.

Uranus enters 8th House, 23 Apr 2013

Out with the secrets. It's tough to transform something if you don't even know what it looks like. You learn more about family finances that you thought there was to know. You also learn about the nuances of sexual intimacy that may have eluded you in the past. Study up on the details involved in the changes you are considering - success lies in intuitive insight into how the details fit together in the final package.

Uranus quincunx Ascendant, 29 Apr 2013 (11 Apr 2013 - 20 May 2013)

Adjustments are necessary because of accidents or injuries. You are suddenly thrown into another state of mind if this happens. If your intuition is well developed, it may intervene to help you avoid accidents. You intuitively know the right thing to do to help an injured person.

Uranus trine Moon, 9 Jul 2013 & 24 Jul 2013 (27 May 2013 - 8 Sep 2013)

Emotional excitement becomes the norm for you. You act upon your intuition and generally get good results. You also learn to test your intuition by asking questions to confirm your insights. Clairvoyant abilities may emerge. Metaphysical topics attract your attention and capture your interest.

Uranus quincunx Ascendant, 10 Oct 2013 (15 Sep 2013 - 7 Nov 2013)

Adjustments are necessary because of accidents or injuries. You are suddenly thrown into another state of mind if this happens. If your intuition is well developed, it may intervene to help you avoid accidents. You intuitively know the right thing to do to help an injured person.

Uranus sextile Venus, 26 Oct 2013 (30 Sep 2013 - 5 Dec 2013)

You love love, and you love the fact that you have so many opportunities to experiment with it. Whether you are traditional, sentimental, or eccentric in your erotic impulses, your intuition guides the rhythm of your relationship.

Uranus sextile Sun, 26 Oct 2013 (30 Sep 2013 - 6 Dec 2013)

You get the chance to put your original ideas into action. You are more aware of your goals than most people and you concentrate your energy on their attainment. Your intuition helps you identify and define opportunities so that you can make intelligent choices. You change vocations to move forward in career, and also in your spiritual life.

Uranus quincunx Saturn, 13 Nov 2013 & 19 Jan 2014 (15 Oct 2013 - 15 Feb 2014)

You deal with whatever comes at you through sheer determination. However, you are not very flexible, and that is what is needed to adjust to circumstances. You benefit from focusing on other aspects in your chart during this cycle.